

Discovery Preschool and Child Care Menu for October 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
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BREAKFAST				Granola Bar, Peaches, Milk	Cinnamon Raisin Bread, Mandarin Oranges, Milk
Lunch				Bologna and Crackers, Carrots, Peaches, Milk	Chicken Nuggets, Peas, Applesauce, Milk
PM SNACK				Rice Cakes and Raisins	Fig Newton
	5	6	7	8	9
BREAKFAST	Mini Pancakes, Blueberries, Milk	Granola Bar, Raisins, Milk	Cheerios, Strawberries, Milk	Poptarts, Raisins, Milk	Bagels w/cream cheese, Peas, Milk
Lunch	Turkey Sandwich, Carrots, Applesauce, Milk	Beef Stroganoff, Peas, Pears, Milk	Bologna and Crackers, Green Beans, Pineapple, Milk	Sweet-n-sour Meatballs, Buttered Noodles, Mandarin Oranges, Milk	Ham Sandwich, Veggie Straws, Peaches, Milk
PM SNACK	Rice Crispy Treat	Goldfish	Cheese Balls	Vanilla Cookie Sandwich	Wheat Thins
	12	13	14	15	16
BREAKFAST	Poptarts, Raisins, Milk	Mini Pancakes, Strawberries, Milk	Muffin, Blueberries, Milk	Frosted Flakes, Raisins, Milk	Bananas, Graham Crackers, Milk
Lunch	BBQ Meatballs, Buttered Noodles, Applesauce, Milk	Ham Sandwich, Pretzels, Pineapple, Milk	Chicken Nuggets, Carrots, Peaches, Milk	Bologna Sandwich, Green Beans, Pears, Milk	Mac-N-Cheese, Peas, Mandarin Oranges, Milk
PM SNACK	Goldfish	Animal Crackers	Fig Newtons	Cheese Its	Chocolate chip cookies
	19	20	21	22	23
BREAKFAST	Bread with Jelly, Raisins, Milk	Fruit Loops, Mandarin Oranges, Milk	Granola Bar, Raisins, Milk	Gogurt, Graham Cracker, Milk	Poptarts, Raisins, Milk
Lunch	Turkey Sandwich, Green Beans, Pears, Milk	Pizza, Corn, Pineapple, Milk	Ham Sandwich, Veggie Straws, Peaches, Milk	Mac-N-Cheese, Peas, Applesauce, Milk	Turkey Sandwich, Pretzels, Pears, Milk
PM SNACK	Fig Newtons	Cheese Balls	Animal Crackers	Wheat Thins	Vanilla Cookie Sandwich
	26	27	28	29	30
BREAKFAST	Cereal Bar, Blueberries, Milk	Poptarts, Raisins, Milk	Gogurt, Graham Crackers, Milk	Muffins, Strawberries, Milk	Bagels w/cream cheese, Peas, Milk
Lunch	Little Smokies, Green Beans, Pineapple, Milk	Turkey Sandwich, Carrots, Peaches, Milk	Hamburgers on bun, Peas, Applesauce, Milk	Ham Sandwich, Chips, Mandarin Oranges, Milk	Pizza, Corn, Pears, Milk
PM SNACK	Rice Crispy Treat	Cheese Its	Fruit Snacks and Graham Crackers	Rice Cakes and Raisins	Ritz Crackers and Cheese