

# Discovery Preschool and Child Care

# Menu for August 2026

|           | Monday                                            | Tuesday                                 | Wednesday                                          | Thursday                                                         | Friday                                              |
|-----------|---------------------------------------------------|-----------------------------------------|----------------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------|
|           | 3                                                 | 4                                       | 5                                                  | 6                                                                | 7                                                   |
| BREAKFAST | Gogurt, Graham Crackers, Milk                     | Mini Pancakes, Blueberries, Milk        | Poptarts, Strawberries, Milk                       | Granola Bar, Peaches, Milk                                       | Cereal Bar, Mandarin Oranges, Milk                  |
| Lunch     | Pizza, Corn, Pears, Milk                          | Ham Sandwich, Carrots, Applesauce, Milk | Hamburgers on bun, Corn, Applesauce, Milk          | Bologna and Crackers, Carrots, Peaches, Milk                     | Chicken Nuggets, Peas, Applesauce, Milk             |
| PM SNACK  | Fruit Snacks and Graham Crackers                  | Rice Crispy Treat                       | Ritz Crackers and Cheese                           | Rice Cakes and Raisins                                           | Fig Newton                                          |
|           | 10                                                | 11                                      | 12                                                 | 13                                                               | 14                                                  |
| BREAKFAST | Poptarts, Raisins, Milk                           | Bread with Jelly, Raisins, Milk         | Granola Bar, Raisins, Milk                         | Poptarts, Raisins, Milk                                          | Bagels w/cream cheese, Pears, Milk                  |
| Lunch     | Turkey Sandwich, Pretzels, Peaches, Milk          | Beef Stroganoff, Peas, Pears, Milk      | Bologna and Crackers, Green Beans, Pineapple, Milk | Sweet-n-sour Meatballs, Buttered Noodles, Mandarin Oranges, Milk | Ham Sandwich, Veggie Straws, Mandarin Oranges, Milk |
| PM SNACK  | Cheese Its                                        | Goldfish                                | Cheese Balls                                       | Vanilla Cookie Sandwich                                          | Rice Crispy Treat                                   |
|           | 17                                                | 18                                      | 19                                                 | 20                                                               | 21                                                  |
| BREAKFAST | Frosted Flakes, Raisins, Milk                     | Mini Pancakes, Strawberries, Milk       | Poptarts, Raisins, Milk                            | Muffin, Blueberries, Milk                                        | Bananas, Graham Crackers, Milk                      |
| Lunch     | BBQ Meatballs, Buttered Noodles, Applesauce, Milk | Ham Sandwich, Pretzels, Pineapple, Milk | Chicken Nuggets, Carrots, Peaches, Milk            | Bologna Sandwich, Veggie Straws, Pears, Milk                     | Mac-N-Cheese, Peas, Mandarin Oranges, Milk          |
| PM SNACK  | Goldfish                                          | Animal Crackers                         | Vanilla Cookie Sandwich                            | Cheese Its                                                       | Chocolate chip cookies                              |
|           | 24                                                | 25                                      | 26                                                 | 27                                                               | 28                                                  |
| BREAKFAST | Cinnamon Raisin Bread, Peaches, Milk              | Fruit Loops, Mandarin Oranges, Milk     | Granola Bar, Raisins, Milk                         | Gogurt, Graham Cracker, Milk                                     | Poptarts, Raisins, Milk                             |
| Lunch     | Turkey Sandwich, Green Beans, Pears, Milk         | Pizza, Corn, Pineapple, Milk            | Ham Sandwich, Veggie Straws, Peaches, Milk         | Mac-N-Cheese, Peas, Applesauce, Milk                             | Turkey Sandwich, Pretzels, Pears, Milk              |
| PM SNACK  | Fig Newtons                                       | Cheese Balls                            | Animal Crackers                                    | Wheat Thins                                                      | Vanilla Cookie Sandwich                             |
|           | 31                                                |                                         |                                                    |                                                                  |                                                     |
| BREAKFAST | Cereal Bar, Blueberries, Milk                     |                                         |                                                    |                                                                  |                                                     |
| Lunch     | Little Smokies, Green Beans, Pineapple, Milk      |                                         |                                                    |                                                                  |                                                     |
| PM SNACK  | Crackers and Cheese                               |                                         |                                                    |                                                                  |                                                     |